

**e-News 5/15/11 GROW BIOINTENSIVE AGRICULTURE CENTRE, Kenya
(G-BIACK)**

P.O Box: 4171 01002 Madaraka Thika
Tel: 254 720-323-134 **Email:** growbiointensivecenterkenya@gmail.com

Mr. and Mrs. Samuel & Peris Nderitu, Directors
Staff: Sammy Mathu, Samuel Waweru, Edwin Wanjohi, Moses Mbugua, Rose Ngugi

WOMEN- THE MAIN PRODUCERS OF FOOD IN KENYA



Rurie women group learning the GROW BIOINTENSIVE techniques.



Anna Nyambura serving food from her Grow Biointensive garden to her children

Kenyan Women are key agricultural producers contributing about 75-80% of all labor in food production. However, they have received only 7% of agricultural extension information. They need more access to training, technical assistance and agricultural resources. We have found that Kenyan women farmers are hungry for innovative ideas which can increase agricultural productivity. They are eager to learn agricultural techniques which are affordable and environmentally friendly.

G-BIACK's women programme under the leadership of Peris Nderitu has been targeting poor women from Central, Eastern and Nairobi provinces who have small portions of land to feed their families. We have trained more than 3, 000 women in sustainable GROW BIOINTENSIVE agriculture with the result that families have improved their health through good nutrition and above all, children are able to attend school.

Please visit us! We are located 10km east of Thika town along the Thika – Garissa Rd
(highway A3)

Or visit our web site: www.g-biack.org

Donations of any amount help us to reach out to more vulnerable families. Checks payable to Kili Self Help Project and designated for G-BIACK may be mailed to 260 Marion Avenue, Mill Valley CA 94941 USA. Donations are tax deductible and 100% of the donated amount will be sent to G-BIACK for our programmes.

G-BIACK- Empowering the communities ~ Transforming Lives

(G-BIACK is a registered CBO in Kenya. Donations are tax-deductible)